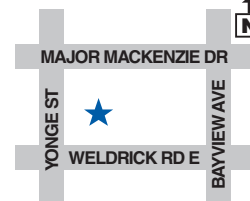
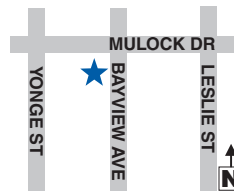




16700 Bayview Avenue, Unit #22, Newmarket, Ontario L3X 1W1  
 Tel. 289-803-2959 • Fax. 1-855-870-1125  
 Unit 2-9625 Yonge St, Richmond Hill, Ontario L4C 5T2  
 Tel. 905-237-6640 • Fax. 905-237-6659  
 newmarketcardio@gmail.com

Newmarket Location

Richmond Hill Location



PATIENT NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ /  
MM DD YYYY

HEALTH CARD #: \_\_\_\_\_ VERSION CODE \_\_\_\_\_

**CARDIOLOGIST**

- Dr. S.K. Mukherjee
- Dr. Adriana Luk
- Dr. Esam Elbarasi
- Dr. Wael Abuzeid
- Dr. A. Kilany
- Dr. N. Gomperts

**CARDIAC TESTING**  **Comprehensive Cardiac and stroke risk assessment**

- 2D Colour Doppler Echocardiography (ECHO)
- Treadmill Stress Echocardiogram (Stress Echo)
- Graded Exercise Test (GXT)
- Cardiac Loop Event Recorder (LER)
- Holter Monitor  48 hr.  72 hr.
- Electrocardiogram (ECG)
- Ambulatory Blood Pressure Monitor (ABPM)\*  
\*Not covered by OHIP

**CARDIOLOGY CONSULTATION**

- URGENT (1-2 WEEKS)
- SEMI-URGENT (2-4 WEEKS)
- CONSULTATION IF ABNORMAL TEST (1-2 WEEKS)

REASON FOR REFERRAL \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**INDICATIONS**

- Cardiac Murmur/Valvular heart disease
- Significant family history of coronary artery disease
- Stroke/TIA/Cardiac Source of Embolus
- Chest pain/known coronary artery disease
- Hypertension/Hypertensive heart disease
- Intermediate to high global CAD risk based on Framingham risk score
- Assess functional capacity prior to structured exercise program (GXT)
- Palpitations/arrhythmia
- Syncope/Recurrent presyncope
- Shortness of breath

Other \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**FOR REFERRING PHYSICIANS**

- Please send updated medications list.
- Please send latest lab results.
- Please send relevant cardiac testing done prior.

Send Copies To: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_

Physician's Fax: \_\_\_\_\_



## INSTRUCTIONS

### **Please arrive 10 minutes prior to your appointment time**

- Bring your referral form for cardiac test.
- Bring your valid health card.
- Please provide us with 48 hours notice for cancellation.
- Please bring a complete list of your medications to all tests.

### **ECG**

Checks electrical activity of the heart.

**Duration: 5 - 10 minutes**

### **2D Colour Doppler Echocardiography**

Utilizes ultrasound waves to study the heart.

**Duration: 30 - 45 minutes**

### **Stress Exercise Test**

Involves walking and/or running on the treadmill.

Please wear comfortable shoes.

Do not eat 2 hours before test.

Women: a two-piece outfit is best. No dresses.

**Duration: 30 minutes**

### **Stress Echocardiogram**

Similar to exercise stress.

Addition of 2D Echo before and after exercise.

Involves walking and/or running on the treadmill.

Please wear comfortable shoes.

Women: a two-piece outfit is best. No dresses.

**Duration: 1 hour**

### **Holter Monitor**

Records cardiac activity for 24, 48 or 72 hours.

No shower during the Holter is on.

### **Cardiac Loop Event Recorder**

Records cardiac activity for one to two weeks.